

“How to Choose a Health Care Proxy and How to Be a Health Care Proxy”



As an Estate & Elder Planning attorney I am dedicated to helping people talk about their wishes for end-of-life care. In conjunction with the Conversation Project we have provided this useful guide to help people have conversations with their family members and loved ones about their wishes.

In addition to having the conversation, it's important to choose a health care proxy (agent) – the person who will make decisions about your medical care if you become unable to make them for yourself.

“**How to Choose a Health Care Proxy**” guide is available for **FREE**. Please contact our office at info@davidwingate.com, or telephone (301) 663-9230.

After you have had the conversation with your loved ones, the next step is talking to your health care team about your wishes. Again, don't wait for a medical crisis; talking with your doctor or health care provider now makes it easier to make medical decisions when the time comes.

“**How to Talk to Your Doctor**” guide is available for **FREE**. Please contact our office at info@davidwingate.com, or telephone (301) 663-9230.



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