

THE MEMORY CHECKLIST

Answering the questions below may help reveal memory issues. However, your answers do not necessarily imply that dementia such as Alzheimer's is prevalent. But 5 or more "Yes" answers suggests memory issues that may interfere with daily life.

	Does the Person You Care For?	Yes	No	Don't Know
1.	Often repeat himself / herself or ask the same questions over and over?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Seem more forgetful, that is, have trouble with short-term memory?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Need reminders to do things like chores, shopping, or taking medicine?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Forget appointments, family occasions, or holidays?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Seem sad, down in the dumps, or cry more than in the past?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Have trouble doing calculations, managing finances, or balancing the checkbook?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Seem to have lost interest in his/her activities such as hobbies, reading, attending church?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.	Need help eating, dressing, bathing, or using the bathroom?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Seems irritable, agitated, suspicious, or started seeing, hearing, or believing things that are not real?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	Gets lost driving or driving unsafely, or has the person had to stop driving?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Have trouble finding the words he/she wants to say, finishing sentences, or naming people or things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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