

WHAT ARE YOUR FEARS AS YOU AGE?

Please check the appropriate box below for each item on a scale of 1 to 3.

No.	Topic	1 Somewhat Important	2 Important	3 Extremely Important
1.	Access to Quality Health Care I want to make sure that my illness is effectively treated, that I have access to a good doctor and hospital	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	Live Independently – Age in Place As I age, I want to live independently in my home as long as possible. I fear going into a nursing home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	Maintain Mobility and Control of Life As I age, I want to be active and mobile. I fear being home-bound. I fear losing control of my decision-making and finances.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Fear of Going Broke Due to a Nursing Home Admission I fear losing my assets and/or home if I enter a Nursing Home. I prefer giving away assets to loved ones.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	If married, I especially want to protect my spouse from impoverishment if I go into a nursing home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	Fear of Being a Burden on Children/ Loved Ones I do not want my illness or incapacity to be a burden on my children or loved ones. I want to have professional care at home or in a Nursing Home.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	Medicaid Access Means Poor Care in a Nursing Home I fear that if I go on Medicaid for Nursing Home costs I will receive poor care. I prefer using my own funds to assure better care.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	Fear of Isolation from Family and Friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	As I age, I want to maintain close contact with my family and friends. I fear isolation.			
8.	Need for Help in Making Decisions when Capacity Declines When my capacity declines, I want trusted loved ones to help me pay bills and handle medical problems and decisions. I do not want a probate guardianship.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	Fear of Dementia I fear losing my mind through a dementia disease like Alzheimer's or Parkinson's.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	Fear of Pain from Illness I fear suffering from pain from a serious illness.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	Avoid Probate and Taxes Upon Death When I die, I want my estate to avoid probate and unnecessary taxes. I want to maximize the legacy my loved ones will receive.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	Fear of Outliving Assets I fear that my assets and income will not be enough if I live a long time. Therefore, I only want to spend money for essentials and I fear risky involvement.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	Fear of Unwanted Life Support The Schiavo case really disturbed me. I do not want to be kept alive artificially if I am in a coma, terminally ill or have end-stage Alzheimer's.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>